

Tiffany Sparrow Bio: Singer-Songwriter, Original Songs

With pure tones and soulful lyrics, Tiffany Sparrow weaves ambient folksy-roots original songs with cover tunes and world music. In concert settings, she offers her music to others as an authentic reflection of her experiences navigating the ups and downs of humanness.

A multi-instrumentalist and vocalist, Sparrow has performed across Canada and internationally on multiple occasions. Her music has been featured live on CTV morning and she is sought out to offer performance-presentations and lectures at conferences. She is set to release a double EP of original songs in spring 2020, adding to her other recordings featuring world music, mantra, and kirtan.

Tiffany is an accredited music therapist (MTA) and completed her music therapy training at Wilfrid Laurier. She also has her Master of Arts in ethnomusicology (MA) through the University of Alberta, and her thesis research focused on the health implications of kirtan group chanting. Having traveled extensively, Tiffany Sparrow brings her experience with global music for wellbeing to her performances and therapeutic work. She is passionate about the potential of music for health and seeks to uplift and inspire through intentional sound. Music infused with awareness and grace has tremendous power to remind us of who we are.